

Second Kyu (Nikyu)

Conditions necessary in order to be allowed into the exam:

Minimum 110 hours of training; Five (5) months of exercise from the date attaining Third Kyu

Tachiwaza:

Shomenuchi: Jiyuwaza

Katateriyotetori: Iriminage

Yokomenuchi:

- *Nikyo omote & ura*
- *Sankyo omote & ura*
- *Yonkyo omote & ura*
- *Gokyo*

Katatori Menuchi:

- *Ikkyo omote & ura*
- *Shihonage omote & ura*
- *Kotegaeshi*
- *Iriminage*
- *Koshinage*

Munetori:

- *Ikkyo omote & ura*
- *Sankyo omote & ura*
- *Shihonage*

Jodantsuki:

- *Nikyo omote & ura*
- *Sankyo omote & ura*

Maegeri: Iriminage

Ushirowaza:

Ryokatatori:

- *Ikkyo omote & ura*
- *Nikyo omote & ura*
- *Sankyo omote & ura*
- *Iriminage*
- *Kotegaeshi*

Ryohijitori:

- Kotegaeshi
- Iriminage

Katatetori Kubishime: Ikkyo omote & ura

Eritori: Ikkyo *omote & ura*

Suwariwaza:

Shomenuchi

- Yonkyo omote & ura
- Sotokaitennage

Ryokatatori: Ikkyo *omote & ura*

Chudantsuki: Kotegaeshi

Jodantsuki: Ikkyo *omote & ura*